



Dr. Brad Ralston, Dr. Lucas Gafken
9302 N. Meridian, Suite 299 Indianapolis, IN 46260 (317) 848-6000

Please fill out the following form in as much detail as possible. All your health information is kept confidential.

Patient and Contact Information
Patient Name Today's Date
Address City
State ZIP Social Security #
Gender: Male Female Height Weight Date of Birth
Marital Status: Single Married Partnered Separated Divorced Widowed
Home Phone Cell
Work Phone Email
Contact you via: Home Cell Work Email Text
(appointment confirmations only) Cell phone provider
Occupation Employer/School
Spouse/Partners Name Employer
Spouse/Partners Work Phone Cell
Emergency Contact name Relationship
Emergency Contact cell phone Work phone
List of current/previous doctors (If applicable):
Primary Care Physician
Primary Care Physician Office Phone
Medical Neurologist
Medical Neurologist Office Phone
Endocrinologist
Endocrinologist Office Phone
Rheumatologist
Rheumatologist Office Phone
Surgeon
Surgeon Office Phone

How did you choose our office? (e.g. Referral, internet, advertisement, etc.)

CHRONIC NEUROLOGICAL & METABOLIC CASE HISTORY

What is the main problem/symptom that you are having? (Be as specific as possible)

When did this begin? _____ How did this begin? _____

Have you had this or similar conditions in the past? Yes No

If yes, when? _____

What aggravates your condition? _____

What makes it better? _____

Describe what you are feeling? _____

Do you experience Numbness or Tingling? Yes No

If yes, where? _____

SYMPTOM INTENSITY: Please circle the number describing the intensity of symptoms.

None —> 0 1 2 3 4 5 6 7 8 9 10 <— Unbearable

When you are awake, how often are you feeling these symptoms? (0 – 100%) _____ %

Is this progressively getting worse? Yes No

Is your condition: Constant Comes & goes

Is this condition interfering with your: Work Sleep Daily routine

Other _____

Has there been any medical diagnosis of your complaint: Yes No

If yes, please list doctor's name and diagnosis: _____

How have you tried to take care of this problem in the past? **Circle all that apply**

Medications Emergency room Surgery Routine Medical Exercise Supplements

Regular Chiropractic Other (specify) _____

How did the previous method(s) work out for you? **Circle all that apply**

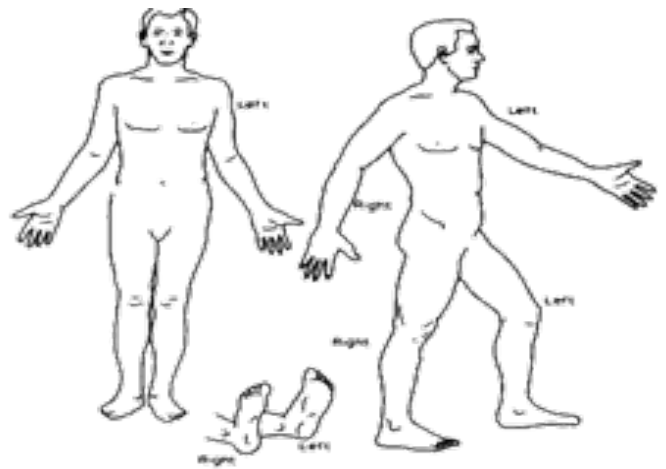
Bad results Some results Great results Nothing changed

Didn't get worse Didn't work very long

What are you afraid this might be? _____

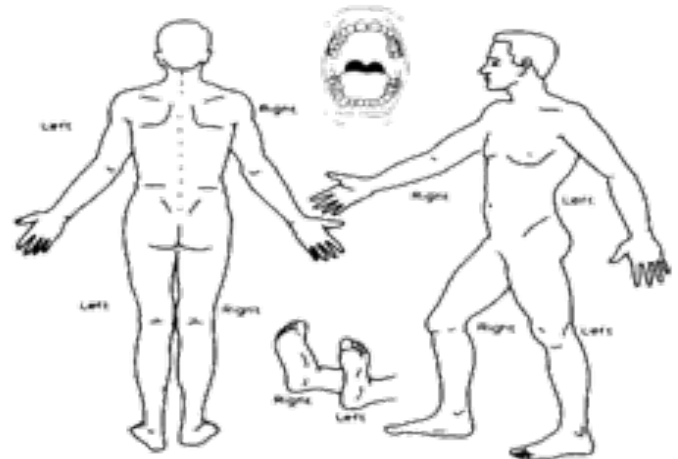
Please mark off the areas of your complaint on the diagram above. Please use the following symbols on the diagram to accurately describe your problem.

- PPP PAIN
- WWW WEAKNESS
- NNN NUMBNESS
- HHH HEAT
- TTT TINGLING
- BBB BURNING
- CCC CRAMPING
- FFF STIFFNESS



Does the symptom radiate? Yes No

If yes, where and how frequently



How long/often does the radiation last/occur?

Are there any conditions that run in your family? Yes No

If yes, what condition(s) and what family member?

When was your last: Physical _____ Blood/lab work _____ X-ray study _____

Have you been treated for your current condition before? Yes No

If yes, when/by whom? _____

Please list any natural supplements you're currently take and for what conditions:

Surgical History: Please list the type and reason of surgery, and year performed (e.g. left breast for cancer in 2004) _____

Medication List: Please list the name of each current prescribed and over the counter medications, it's prescribed use and any side effects/reactions/positive responses (example of use: BCP – birth control pills used to prevent pregnancy, manage menopause or acne, etc.; example of side-effect: Tylenol caused liver enzymes to increase)

	Medication	Name of Condition or purpose for taking med	Any side-effects
1)			
2)			
3)			
4)			
5)			
6)			
7)			
8)			
9)			
10)			

Other Medical or Physical conditions: Please check all that apply

- | | | |
|---|--|--|
| <input type="checkbox"/> ADD/ADHD | <input type="checkbox"/> COPD | <input type="checkbox"/> Kidney disease |
| <input type="checkbox"/> Adrenal gland disorder | <input type="checkbox"/> Dementia/Memory Loss | <input type="checkbox"/> Knee surgery |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Depression | <input type="checkbox"/> Leaky Gut Syndrome |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Diabetes (Type 1 /2) | <input type="checkbox"/> Light/Sound sensitivity |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Digestive/bowel issues | <input type="checkbox"/> Liver disease |
| <input type="checkbox"/> Autoimmune disease:
_____ | <input type="checkbox"/> Dizziness or vertigo | <input type="checkbox"/> Marfan's syndrome |
| <input type="checkbox"/> Bladder issue | <input type="checkbox"/> Dyslexia | <input type="checkbox"/> Motion sickness |
| <input type="checkbox"/> Bleeding disorder | <input type="checkbox"/> Ear infections | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Blurred vision | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Osteoporosis/penia |
| <input type="checkbox"/> Buzzing/Ringing in ear | <input type="checkbox"/> Food sensitivity | <input type="checkbox"/> Parkinson's disease |
| <input type="checkbox"/> Cancer – type?
_____ | <input type="checkbox"/> Fusions (spinal, joint) | <input type="checkbox"/> Rotator cuff problem |
| <input type="checkbox"/> Carpal Tunnel Synd. | <input type="checkbox"/> Gall Bladder issue | <input type="checkbox"/> Shoulder surgery |
| <input type="checkbox"/> Celiac disease
(gluten sensitive) | <input type="checkbox"/> Gout | <input type="checkbox"/> Spinal surgery |
| <input type="checkbox"/> Chest pains | <input type="checkbox"/> Hashimoto's thyroiditis | <input type="checkbox"/> STI/STD |
| <input type="checkbox"/> Chronic fatigue | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Stroke/TIA |
| <input type="checkbox"/> Cold hands or feet | <input type="checkbox"/> Hepatitis A, B, C, etc. | <input type="checkbox"/> Thyroid problems |
| <input type="checkbox"/> Colitis/Diverticulitis | <input type="checkbox"/> Herpes | <input type="checkbox"/> Traumatic Brain Injury |
| <input type="checkbox"/> Compression fractures | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Concussion | <input type="checkbox"/> Hip replacement | <input type="checkbox"/> Other |
| | <input type="checkbox"/> HIV/AIDS | _____ |
| | <input type="checkbox"/> Immune deficiency | <input type="checkbox"/> Other |
| | <input type="checkbox"/> Insomnia | _____ |