

**“The Amazing Truth Revealed! How  
Thousands Of IBS/Colitis Sufferers Are *Finally*  
Melting Away Their Stomach Aches, Pains &  
Diarrhea or Constipation Without Drugs Or  
Surgery...  
And How YOU Can Too”**

**The secrets revealed in this report will shock and delight you! It's  
an amazingly simple IBS/colitis revelation that could possibly wake  
you up from your digestive nightmare and end your suffering  
FOREVER!!!**

Dear Friend Who Desperately Wants To Stop Suffering From IBS/colitis,

Life is short...very short. And if you're the kind of person who is  
strongly interested in enjoying the kind of pain-free, energized life you thought was  
only reserved for the young, lucky people without IBS (or you just want straight, no  
B.S. ANSWERS and SOLUTIONS so you can get your life back like it was before IBS  
stole so many of your precious, un-replaceable moments), then reading this  
revolutionary report may be one of the most important things you've ever done...or  
ever will do.

It's not about luck, it's about a secret. And what's a secret? A secret is  
nothing more than knowledge.

**Knowledge That You Don't Have  
That Could Change Your Life Forever!**

If you're suffering with IBS/colitis.....

**What You Discover Here  
Will Change Your Life Forever...**

Now, let's put first things first. Before we go any further, we want you to do  
us a favor: promise us that you will read this entire report, **word for word**, at least  
twice. Why twice? Well, because there is so much valuable information that can

possibly make you energized and stomach pain-free and give you your life back that we just want to make sure you get it all and don't miss anything. After you read it twice, don't throw it out – give it to someone else suffering with digestive problems. We want you to feel the incredible connection and inner fulfillment we do when we give YOU this “secret” and unlock the IBS ankle chains that have stolen and ARE stealing so much of your life.

From this moment on, as you read further and discover the ONE THING, above all others, that can quite possibly erase many – if not ALL – of your digestive problems forever, you will also realize that you are no longer alone and that you will NEVER EVER be alone again.

### **Here's Why Putting This Report Aside Could Cost You A Healthy, Happy Life...**

If you've been desperately searching for answers – REAL, HONEST answers – as to why you're suffering and HOW you can get better. If you are sick and tired of listening to so called “experts” who will take your money and leave you no better and with less hope. If you want to FINALLY get your life back...then reading this *entire* report RIGHT NOW will prove to be the biggest, most important decision you've made in a long time.

If you suffer with constant or intermittent diarrhea, stomach pain, bloating and feeling gassy, if you are exhausted and in pain all day, if you worry about always being close to a bathroom or doing the things you love to do because you always feel “lousy,” you need to read this report...ALL OF IT. We honestly don't know where else you can get this vital information.

**Do NOT put this off or you WILL MISS OUT.** You will kick yourself later as you realize reading and following this simple report was the answer you've been looking for since IBS stole your life.

After reading the upcoming pages, you will feel that giant weight being lifted off your chest as you get the possible answer to your greatest hopes and dreams...as you get the possible answer to that huge, debilitating monster that cripples your enthusiasm ruins your relationships and crushes your very will to live...

**You know that monster we're talking about - the “IBS Monster” that robs you of your daily life. It sucks the fun right out of your life and makes you old before your time. We're here to tell you that it does NOT have to be this way... it does NOT have to be a struggle anymore.**

***Imagine*** how great you would feel without your constant stomach pain, cramps after meals and chronic fatigue...

***Imagine*** how easy your life would be if you could just do all the things you want and love to

do WITHOUT the concern of always needing to be close to the restroom.....

*Imagine* how easy your life would be if you could just do all the things you want and love to do without feeling exhausted and miserable.

*Imagine* not having to take handfuls of all those expensive stomach medications that don't work and can have deadly side effects...

*Imagine* waking up tomorrow morning, bright-eyed and bushy-tailed, feeling **completely refreshed** with a surge of energy, ready to take on the new day and never having to worry about feeling bloated and gassy throughout the day –

JUST LIKE EVERYONE ELSE...

Well, stop imagining.. - **It's Here!!!**

Hi, our names are Dr. Brad Ralston and Dr. Lucas Gafken and we are about to reveal to you what we believe is the **ULTIMATE**, possible solution to your IBS.

**Why would we offer this free report and reveal all this to you... a complete stranger?**

We know just how crippling digestive problems can be. We know how IBS can destroy your family, your career, and your life. We know how IBS can put a strangle hold on your life... squeezing your hopes and dreams right out of you like a giant anaconda.

How do we know how YOU feel?

We help IBS/colitis patients EVERY DAY. You see, a large part of our practice is devoted to IBS cases. Devoted to cases other doctors have had no success with. Devoted to cases other doctors have given up on. Devoted to cases other doctors have simply turned their backs on and thrown out in the trash. Devoted to cases just like yours.

We spend countless hours every week treating IBS/colitis sufferers just like you and scouring the earth to find the very best and the very latest advances in treating this dreaded chronic syndrome.

**And What We've Discovered is Like The "Fountain Of Youth" For IBS Sufferers!**

You read that right. What we've just done is the equivalent of stumbling across the fountain of youth... or breaking into Fort Knox and making off with all the gold. And we're going to share it with you... ALL OF IT.

**Here's what this is all about:** Several years ago, we were your average doctors and knew

very little about IBS/colitis. We had seen quite a few patients with digestive problems over the years and honestly, had a “love/hate” relationship with these cases. We could help some IBS sufferers quite a bit, while many got minimal results. Most doctors we know have just given up on IBS completely. They have resorted to telling patients “it’s all in your head.” Well, we kept getting more and more IBS sufferers asking us if there was ANYTHING we could do to help them. We soon found out that there are...

### **1/5 Of All Americans Sufferer With IBS In The United States!**

WOW! We began searching everywhere for a solution. There had to be something that could help IBS patients and was being overlooked. Something that could help the 1/5 of all Americans just like you.

Well, after a few years of searching, all we came up with were worthless drugs, diets, supplements, herbs, anti-depressants, psychiatrists, magnets...

We even found someone selling some kind of “mineral enriched sea water.” And by now, we all know about that “blue glop.” Some of these treatments may help other conditions but...

### **They Were Worthless For IBS!**

Are you overwhelmed and frustrated with your IBS and all the so called “answers” you get from your doctors? Well, we were too.

The bottom line was... we could not find anyone who was REALLY helping IBS sufferers. Sure, they did a lot of elaborate and expensive tests (Very expensive!). They used a lot of fancy words, but when all was said and done, what could they do for you? **NOTHING!** Then they had the nerve to send you an outrageous bill even Donald Trump would have trouble paying!

**The secret to our program’s success is that it has a multiple-pronged attack on IBS, that to our knowledge, no other doctors have even heard about, much less are doing.**

Dr. Ralston, Dr. Gafken and our staff are a team and we attack IBS from every possible angle, giving you the best possible chance to feel like you did BEFORE IBS stole your life.

Knowing these “insider” secrets offers you the possible solution to your digestive problems and the power to move the world. Almost overnight, you can start relieving stomach aches, pains, bloating, gassiness and diarrhea. Your life can go from sheer hell to breathtaking enjoyment in a matter of weeks.

The trick, of course, is finding the right secrets. And the right guide, who will take you by

the hand, answer all your questions, and show you exactly how you can get help, as fast as humanly possible. The right guide, who understands exactly what you are going through and has helped so many just like you already,

There's a lot of nonsense out there. Too many "experts" who really don't understand what you are going through. Doctors ready to put you on some new, toxic trial drug...Snake-oil salesman ready to profit from your fear... Jokers who don't know what they are doing.

That's why we've put together the "ultimate" program for IBS sufferers. It's the exact program that so many **former** IBS sufferers tell us they wish they knew about years ago... So much unnecessary suffering, so much wasted time. This program is the secret most IBS sufferers never discover. You may ask.....

## **WHY DO I FEEL SO TERRIBLE?**

We get this question all the time. Irritable Bowel Syndrome is a neurological AND metabolic condition. When your body is not functioning properly neurologically and metabolically...

## **DO YOU KNOW WHAT HAPPENS?**

**PAIN**... when the upper brainstem (mesencephalon) is over-firing, it drives down an area of the spinal cord called the IML (Inter-medio-lateral cell nucleus) which causes the adrenal glands (on top of your kidneys) to release chemicals that cause stomach PAIN! The adrenal glands release catecholamines and norepinephrine into the bloodstream. When these chemicals are released into the bloodstream, they stimulate pain fibers – specifically, TYPE C pain fibers which are the smallest and **MOST PAINFUL** pain fibers.

**INSOMNIA**... **Neurologically**, the problem is that upper brainstem (mesencephalon) again! (Can you see a pattern emerging?) Inside the upper brainstem is the mesencephalic reticular activating system. This is a big, fancy, three dollar term, but it is the reason WHY YOU ARE NOT SLEEPING! When the upper brainstem is over-firing, you are NOT SLEEPING. When it is firing at its normal rate, because the lower-brainstem (ponto-medullary region) is slowing down the upper-brainstem (mesencephalon), you are sleeping like a new born baby.

**Metabolically**, your adrenal glands, which are your bodies stress glands, are not functioning well. When the adrenal glands are not functioning well...**YOU ARE NOT SLEEPING!**

**IBS or Irritable Bowel Syndrome** is characterized by episodes of diarrhea and constipation, abdominal pain, nausea, and even vomiting. **Neurologically**, in the lower-brainstem there is an area called the NTS (Nucleus Tractus Solitarius). Inside the NTS is the origin of the Vagus nerve. Guess where one of the places the Vagus nerve goes to.....THE ABDOMINAL AREA! So if you are suffering with IBS, your lower brainstem is NOT firing the way that it should. **Metabolically**, you could be sensitive to 5 of the most common foods that you eat each and every day. You may have Leaky Gut Syndrome or intestinal permeability and active gastrointestinal infections. You could also have an autoimmune condition in which your immune system is attacking your digestive system.

**HEADACHES...** you have headaches because the brain is NOT firing impulses to the lower brainstem, and the lower brainstem (ponto-medullary region) is thus not slowing down the upper brainstem (mesencephalon).

**“BRAIN FOG” and LOSS OF MEMORY** are caused by decreased firing of the frontal and temporal lobes of the brain. It can also be caused by food sensitivities and autoimmune problems. The adrenal glands make a hormone called cortisol that is also known as the “stress hormone”. Cortisol, when in excess, is toxic to the memory centers in the brain.

### **DIFFICULTY EXPRESSING WHAT YOU WOULD LIKE TO SAY**

“Broca’s speech area” is located in the left frontal lobe of the brain, and when this area has a decrease in impulses, or FOF (frequency of firing), you will have difficulty expressing what you would like to say.

**INCREASED HEART RATE** is caused by the upper brainstem over-firing again. Remember when we said the IML (inter-medio-lateral cell nucleus) over-fires when the upper-brainstem (mesencephalon) over-fires? Well... that is what is also causing your heart to race. Yep, that’s the problem. The IML drives down the spinal cord and causes the electrical nodes (SA on the right and AV on the left) to misfire. This will cause you to experience an increased heart rate, an irregular heart rate, or both.

**DIZZINESS...** near the back of the brain is an area called the cerebellum. The cerebellum controls all of your spinal muscles, your balance, and your coordinated movement. When IBS patients are dizzy or lightheaded, their cerebellum has decreased its firing. MDs might say that you have dizziness because of an “inner ear problem” which could be true...that is why we do a THOROUGH EXAMINATION when you come into our office.

**PERHAPS YOU ARE STARTING TO SEE A PATTERN! BUT WHAT CAUSES YOUR BODY TO STOP FUNCTIONING NEUROLOGICALLY AND METABOLICALLY?**

# **STRESS!!** In the form of **Physical,** **Emotional, and/or Chemical stress.**

**Physical Stress** from car accidents, falls, bumps, or bruises throughout your entire life.

**Emotional Stress** due to financial difficulties, a failed marriage, abuse, family issues or difficulties at work.

**Chemical Stress** from alcohol, tobacco, and/or junk food. The S.A.D. or Standard American Diet is full of junk food and it creates tremendous stress on the body.

**Do any of these ring a bell? Think back for a minute and see how many of these stressors that you have had or do have in your life.**

Stress causes the brain to lose impulses, or decrease its frequency of firing. Stress can cause your internal organs to not function properly. Finally, stress can cause your immune system to go “wild” and start attacking different parts of your body causing various autoimmune conditions.

When you are stressed, a chemical called cortisol is released into the bloodstream. CORTISOL IS TOXIC TO BRAIN and GUT TISSUE. IT CAUSES A DECREASED FIRING OR IMPULSES AND IT CAN CAUSE HAVOC WITH YOUR IMMUNE SYSTEM.

At this point, you may be asking...”Sounds good but what do YOU do to fix it? What makes YOU different from all of the other doctors that I have seen?”

Answer...WE TREAT IRRITABLE BOWEL SYNDROME PATIENTS WITH A 2-PRONGED PROGRAM...WE TREAT THEM NEUROLOGICALLY AND METABOLICALLY!

**#1: COMPLETE NEUROLOGIC TESTING WITH EWOT (Exercise with Oxygen Therapy):**

**OXYGEN**... your brain and nervous system need TWO things to survive: FUEL and ACTIVATION. Activation comes from the treatments that are listed below. Fuel comes in the form of OXYGEN and glucose. You get the glucose from the food that you eat, which is why it is important to eat a healthy diet. **AS YOU AGE, YOUR ABILITY TO UTILIZE OXYGEN DECREASES.** One of our treatments is to give patients oxygen to increase their body's fuel delivery system. It's called EWOT or Exercise with Oxygen Therapy and it's like gas in the car... if you don't have any gas in the car, you are not going anywhere. If you don't have oxygen available for your brain and nervous system, most likely, no treatment will work!

**UNILATERAL ADJUSTING**... the right brain controls the left side of the body and the left brain controls the right side. If there is a decrease of firing or impulses in one side of the brain, WE ONLY WANT TO ADJUST YOU ON THE OPPOSITE SIDE. Makes sense, doesn't it? Also, WE WILL ONLY USE VERY LIGHT ADJUSTING SO YOU WILL NOT GET WORSE! Have you ever had an adjustment and felt worse afterward? It is because the adjustment was TOO MUCH for your nervous system. It over-stimulated, or (get ready for another \$3 term that neurologists use) it "exceeded metabolic capacity."

**AUDITORY STIMULATION**... listening to sound in one ear will stimulate the opposite side of the brain and increase impulses.

**OLFACTORY STIMULATION**...smelling different scents will stimulate the brain. Your sight, sound, taste, and touch all travel through a sensory area of your brain called the thalamus. SMELL GOES DIRECTLY TO THE BRAIN.

**CALORICS**... warm air in the ear will stimulate the semicircular canals in your ear and fire the vestibular nerve back to your cerebellum. The cerebellum fires to the brain, the brain fires to the lower brainstem (ponto-medullary region), and your lower brainstem slows down the upper brainstem (mesencephalon).

## **#2: COMPLETE AND THOROUGH METABOLIC TESTING:**

1. **AUTOIMMUNE DISORDERS:** Has your doctor specifically checked you for an autoimmune disorder? Autoimmune means that your immune system is attacking one or more parts of your body. There are two parts to your immune system, TH1 and TH2.

The first part, called our T-Helper 1 System (TH-1), is our immediate immune response system. It is responsible for an immediate attack against foreign invaders like bacteria viruses, mold, fungi, or parasites. The cells involved in the TH-1 system

are called macrophages, natural killer cells, and cytotoxic T- Cells. It is our front line defense.

The other part of our immune system is our T-Helper 2 System (TH-2). It involves the production of antibodies to "tag" onto invaders so our TH-1 system can more easily destroy the invaders. It is our B cells that are responsible for producing the antibodies.

The balance between these two sides of our immune system is very important to look at with many IBS patients. IF one of these parts is dominant, you could have an autoimmune disorder. An autoimmune disorder is where your immune system is attacking your body and it could be causing your gastrointestinal symptoms. For example, you could have an autoimmune disorder in which your immune system is attacking your gut and this is why you have increased food reactions, bloating, gas and fullness.

2. **5 FOODS THAT MAY BE HURTING YOU & INTESTINAL PERMEABILITY:** Has your doctor specifically checked you for any food sensitivities that could increase your chances of Irritable Bowel Syndrome/colitis? **Each time that you eat a food that you are sensitive to, it can INCREASE your IBS symptoms.** THESE 5 FOODS COULD BE SLOWLY KILLING YOU AND YOU DON'T EVEN KNOW IT BECAUSE YOU HAVE NOT BEEN TESTED! This could be why even though you are taking medications and exercising, your stomach pain and bloating never go away! Most of the time food sensitivities are a direct result from gastric membranes that are leaky and allow these 5 foods the harm you and rob you of your health. This is a condition called LEAKY GUT SYNDROME.
3. **THYROID:** Has your doctor run a COMPLETE thyroid panel? Your thyroid CONTROLS your body metabolism so if you suffer from IBS...IT MUST BE THOROUGHLY CHECKED! We are not talking about a simple test for TSH (thyroid stimulating hormone), we are talking about the COMPLETE BATTERY OF THYROID TESTS which includes Total T4 (tT4), Total T3 (tT3), Free T4 (fT4), Free T3 (fT3), Free Thyroxine Index (FTI), Resin T3 Uptake (T3u), and the thyroid antibodies...TPO and TGB! Your THYROID is EXTREMELY important and needs to be checked! Did you know that many doctors consider TSH levels from .35 to 5.0 to be "normal." Optimal or "functional" TSH levels should be 1.8 to 3.0. What is YOUR TSH level? If it is not 1.8 to 3.0, have you had the FULL battery of thyroid tests? Has it ever been checked? If not...WHY?
4. **ADRENAL GLANDS:** Has your doctor checked your **adrenal glands?** Your adrenal glands are your "stress" glands and they are JUST AS IMPORTANT as anything in treating your IBS!!! An **ASI** (Adrenal Stress Index) needs to be run on you that will check your cortisol levels at 8 am, noon, 4 pm and 10 pm.

5. **ANEMIA:** Has your doctor checked you for blood disorders such as anemia??? Anemia simply means you ARE NOT going to get oxygen to your tissues. There are different kinds of anemia such as iron, B12, Folic acid etc. And we can test for each one. Anemia is very important to find and correct. Without oxygen available for your brain and nervous system, most likely, no treatment will work! No supplement will work. No nutritional program will work.
6. If you are male have you ever been evaluated for Andropause?
7. If you are female has your doctor ever ordered an expanded female hormone panel?
8. If you are female and post-menopausal has your doctor ever assessed your risk factors for developing uterine or breast cancer?

## HORMONE LEVELS DRAMATICALLY AFFECT THE BRAIN AND GUT!!!!

**If you answered “NO” to any or all of these questions then there is a good chance that your IBS is not being managed properly!!!**

**THESE TESTS NEED TO BE RUN ON YOU TO GET TO THE BOTTOM OF WHAT IS CAUSING YOU TO SUFFER FROM IRRITABLE BOWEL SYNDROME!!! Anything less means that you are in for years of misery!**

**Can you see that by treating you neurologically and metabolically, we can HELP YOU?!?!?**

Please understand that we've spent years helping patients who suffer from IBS discover the truth about their condition and we would like to help you too!

That's why we put together this valuable, FREE report. Frankly, we got sick and tired of seeing people just like you suffering through a lifetime of misery because no *one* ever bothered to reveal to them the truth about IBS!

There is really nothing more pleasing than helping people just like you finally become symptom-free and living life on their own terms once again!

That's why we are giving you this FREE report. We want you to know the truth about IBS that almost everyone out there doesn't seem to want you to know. We know that chances are great that we can help you!

## So What Is The Secret?

Treating the IBS patient neurologically and metabolically: Our "Complete IBS Qualification Evaluation" includes a nervous system and metabolic evaluations. These evaluations are simple and only takes a few minutes.

### THE DISSECTION OF A SOUL...

You can lose a leg... you can lose an arm... but there is NOTHING like an amputated spirit. That's what IBS does to you. The worst part is that you are not alone. IBS is amputating the spirit of millions of people.

IBS is a crippling disease ruining the lives of millions of Americans, and 6 out of 10 are undiagnosed and don't know where to turn. What we're here to do is to share this with you. Share this information that we think will change your life forever. Give you the power to move the world. Before it's too late...

**This system can bring you from the peak of misery to a life of breathtaking enjoyment... it's done that for so many already.**

As we stated earlier, there is a lot of **nonsense** out there. There are a lot of "experts" who are praying on your misery. Unfortunately, they are filling you with false hope, or even worse, telling you there is NO HOPE. That's why we've written this report. **This is REAL help from someone who understands.**

We will take you by the hand and answer ALL your questions... giving you the best possible way to get better.

We don't care if you've been to hundreds of other doctors, if you have been to other chiropractors, or if you have tried everything under the **sun** and have been disappointed countless times. NONE of that matters!

**The ONLY thing that matters is your desire to get on the bus and start feeling better**

right away. To finally find the answers you've been looking for that can change your life in the blink of an eye. This is a simple program, but you can NOT find it anywhere else and you can NOT figure it out all by yourself. YOU WILL NOT find this in an IBS chat room. We honestly got lucky when we put this program together and found the "missing link" that gets such miraculous results for so many. There is absolutely no sane reason why you should go on suffering when the answer lies right at your finger tips.

**Let us be your guide.** We know what you're going through. When we started asking other doctors about IBS, they told us "Aaaah, they're all just hypochondriacs, there is nothing wrong with them... what they need is a good shrink!" Well, we know better and we promise that we won't let you down.

It's taken us months to write this report and now that we're getting overwhelmed with responses, we're not sure how many more new patients we can accept. We strictly limit the number of IBS sufferers on this program so we can give each and every one the individual attention you need to get the best possible results. There is also a qualification process to make sure you are a candidate for the program and have the best chance for success.

So please... if you're at all interested in seeing if you qualify for this program, and seeing if this is FINALLY the solution to your chronic suffering that you've been dreaming about...do it now. As we'll explain in a minute, it'll be well worth your time.

## **HOW WOULD YOU LIKE TO FIND OUT IF YOU QUALIFY FOR THIS AMAZING, NEW PROGRAM?**

Here's The Qualification Process...

- FIRST 2 VISITS which include a consultation with us to discuss your problem. You will be taken by the hand and ALL your questions and concerns will be answered before you leave. PLUS a 2<sup>nd</sup> "Recommended Action Plan" visit!
- A complete IBS qualification case history and questionnaire to help determine if we can help you.
- Review of all of your labs.
- The 2<sup>nd</sup> "Recommended Action Plan" visit provides you with the results of your examination and tests, explaining whether you qualify for our program, and discussing your options. If at this point our evaluation reveals a condition that is better treated by other means, we will refer you to the appropriate doctor.

# Take the FIRST Steps Now to Gaining Optimal Health!!!

## Call 317-848-6000 And Schedule Your IBS Qualification Evaluation

So why would we accept you as a patient if we honestly did not feel we could help you? Why would we waste our time and yours only to have to give you your money back? For that reason, we only accept the most qualified people.

We cannot tell you if you will qualify for our program, but if you do; you have absolutely nothing to lose and possibly everything to gain.

### **Give Us A Minute To Speak "Off The Record..."**

You've spent the last half-an-hour or so reading this report. You **MUST** be seriously interested in what we've said and what the Ultimate Irritable Bowel Syndrome Program can do for you. Finally finding a completely risk-free way to possibly erase many if not all of your IBS symptoms must be exactly what you've spent so many sleepless, painful nights dreaming about. Nevertheless 9 out of 10 of you who have made it this far, all the way through this report, will "chicken out." You will back down when the answer to your prayers may be just one, painless phone call away.

Why do so many people give up without at least giving it a shot? We think you've been taken advantage of and have been played for a sucker more than once. You have been prayed on by unscrupulous snake oil salesmen who promise you the world and deliver junk. Just Google "irritable bowel syndrome" and the internet and you will see what we mean. By this time you're more than a little "gun shy." We understand and that is why we put our money where our mouth is. That is why we offer you the unparalleled, unconditional, satisfaction guarantee. You will NOT be taken for a fool. You will be given ALL the tools you need to get relief from IBS. Now the only question left is... are you gonna chicken out?

### **Remember When...**

If you can think back, right now, to a time before you suffered with IBS and imagine **EXACTLY** how that felt. Imagine how wonderful you felt without aches and pains... without undue stress on your relationship and family... a life FULL of energy. Feel how you felt... see what you saw... smell what you smelled... it feels wonderful, doesn't it? Kind of like that feeling that engulfed your entire body when you met your first love. Imagine how that would feel

again... to have that energy and incredible connection again with your spouse, your children, your family – and if you could look back on today, sitting here reading this report, as being the beginning of that – the beginning of the happy, fulfilled life you’ve always wanted. If you can feel that RIGHT NOW and want that feeling to continue, you probably should, and ought to pick up the phone and schedule your evaluation... **RIGHT NOW!**

## **Here’s What To Do Next...**

**If you’re really serious about ending your IBS once and for all, call 317-848-6000**

### **Ask yourself the following questions:**

**#1: How has your gut pain, gas, bloating, and heartburn affected your job, relationships, finances, family, or other activities?**

**#2: What has it cost you in time, money, happiness, sleep?**

**#3: Where do you picture yourself in the next one to three years if this problem is not taken care of?**

**#4: What is it worth to you?**

**Pick up the telephone, call 317-848-6000, and get ready to live a pain-free life! Tell our staff that you have read this report and you would like an IBS EVALUATION.....IF YOU QUALIFY FOR CARE AND WE ACCEPT YOUR CASE.**

Not Everyone Qualifies For Care In Our Office And We Cannot Accept Every Case For a Variety Of Reasons. Call Our Office To Set Up an IBS Evaluation.

**IBS IS A THIEF THAT ROBS YOU OF YOUR LIFE!**

ARE YOU SICK AND TIRED OF PLAYING “RUSSIAN ROULETTE” WITH MEDICATIONS? IF THIS PILL DOESN’T WORK, TRY THIS ONE... OH, THAT

## PILL DIDN'T WORK... HERE'S ANOTHER!

DON'T suffer another day, when the answer to your PAIN AND FATIGUE may be here, right in front of you! How would you feel, finding out years from now that the answer to your pain and suffering was right in front of your face all along... and you let it slip through your fingers?

Sincerely,

Dr. Brad Ralston  
Dr. Lucas Gafken

**P.S. One Last Thing - it's Really Important** – Please remember ....we cannot possibly accept everyone on our program. Our office could easily get swamped very quickly. If that happens, we will have to stop the offer and start a waiting list. We wrote this report because we honestly want to make a difference for so many IBS sufferers in the world. We're always amazed at how quickly and easily someone's life can completely turn around. Now with this report, we get the message out to many more people. **It's exciting.**

So don't delay, if you would like to find out if you qualify for this amazing program... call right now. This is the real deal... not just smoke and mirrors. This is very important. Call today.

**P.P.S.** The decision you make right now by either picking up the phone or scheduling your free evaluation or throwing out this report may have a drastic effect on the rest of your life. It may be the difference between enjoying the rest of your life and suffering on the sidelines, watching everyone else do the things you wish you could do. This decision is as serious as a heart attack and we hope you make it wisely.

### **What's the worst thing that can happen to you if you come in and get your IBS evaluation?**

Infection? Paralysis? Death? - No, these are all side effects to surgery.

How about stomach ulcers, gastrointestinal bleeding, or death from kidney or liver failure? - No, these are side effects to COMMON pain pills!

None of those things will happen to you if you come in for your evaluation. At worst, you will find out we can't help you and you will leave in the same condition you came in. At best, we will find that we CAN help you and you'll get a natural, drug-free, possible solution to your IBS.

### **Is this an opportunity that you can afford to miss?**